

Sammamish Rowing Association

Attestation of Swimming Ability

(For High School Try Rowing only, not valid for any other session)

I understand that rowing involves the risk of falling into the water and that, for the safety of my own child, the ability to swim is a requirement for participation in any rowing activity with Sammamish Rowing Association.

I attest that my child can:

- Float, tread water, or swim in place for 10 minutes while wearing attire that is typically worn while rowing (tee-shirt and shorts or equivalent) and
- At the end of 10 minutes put on a PFD while still in the water.

I hereby release Sammamish Rowing Association from any liability related to my child's ability to swim.

I understand that, if my child decides to join the Sammamish Rowing Association high school team after his/her Try Rowing experience, I must upload an approved [swim test](#) taken within the last five years to our Sammamish Rowing Association [account](#). I understand that I should schedule the test as soon as possible, as my child will be kept off the water once his/her two-week Try Rowing period ends and until the completed swim test is uploaded to our account.

Participant Name _____

Parent/Guardian Name _____

Parent/Guardian Signature _____

Date (month/date/year) _____