

Sammamish Team Programming Schedule July and August 2024

Monday / Wednesday	
5:00	5AM Masters
5:15	7/8 - 7/26; 8/5 - 8/30
5:30	Team priority on small boats
5:45	
6:00	Boats available for use after teams launch
6:15	
6:30	small boats must be returned by 7:00
6:45	
7:00	
7:15	Junior Practice
7:30	7/10 - 8/5
7:45	
8:00	Small boats NOT available for SBM
8:15	
8:30	MM Masters
8:45	7/8 - 7/26; 8/5 - 8/30
9:00	Team priority on small boats
9:15	
9:30	Boats available for use after teams launch
9:45	
10:00	
10:15	
10:30	
10:45	
11:00	Middle School
11:15	7/8 - 8/30
11:30	Small boats available for SBM
11:45	
12:00	
12:15	
12:30	
12:45	
1:00	
1:15	
1:30	
1:45	
2:00	
2:15	
2:30	
2:45	
3:00	
3:15	
...	
6:45	ECM Try Rowing/LTR
7:00	6/4 - 8/28
7:15	Small boats generally available for SBM
7:30	
7:45	
8:00	
8:15	
8:30	
8:45	

Tuesday / Thursday	
5:00	5AM Try Rowing/LTR
5:15	6/4 - 8/28
5:30	Small boats generally available for SBM
5:45	
6:00	
6:15	
6:30	
6:45	
7:00	
7:15	Junior Practice
7:30	7/10 - 8/5
7:45	
8:00	Small boats NOT available for SBM
8:15	
8:30	MM Try Rowing/LTR
8:45	6/4 - 8/28
9:00	Small boats generally available for SBM
9:15	
9:30	
9:45	
10:00	
10:15	
10:30	
10:45	
11:00	Middle School
11:15	7/8 - 8/30
11:30	Small boats available for SBM
11:45	
12:00	
12:15	
12:30	
12:45	
1:00	
1:15	
1:30	
1:45	
2:00	
2:15	
2:30	
2:45	
3:00	
3:15	

Friday	
5:00	5AM Masters
5:15	
5:30	Team priority on small boats
5:45	
6:00	Boats available for use after teams launch
6:15	
6:30	
6:45	
7:00	
7:15	
7:30	
7:45	
8:00	
8:15	
8:30	MM Masters
8:45	7/10 - 7/29; 8/7 - 9/1
9:00	Team priority on small boats
9:15	
9:30	Boats available for use after teams launch
9:45	
10:00	
10:15	
10:30	
10:45	
11:00	Middle School
11:15	7/8 - 8/30
11:30	Small boats available for SBM
11:45	
12:00	
12:15	
12:30	
12:45	
1:00	
1:15	
1:30	
1:45	
2:00	
2:15	
2:30	
2:45	
3:00	
3:15	

Saturday	
5:00	
5:15	
5:30	
5:45	
6:00	
6:15	
6:30	
6:45	
7:00	ECM Masters
7:15	7/13 - 8/31
7:30	Team priority on small boats
7:45	
8:00	Boats available for use after teams launch
8:15	
8:30	
8:45	
9:00	
9:15	
9:30	
9:45	
10:00	

Small Boat Membership Summer Guidelines

- There is NO TEAM PROGRAMMING 6/30 - 7/7. You may row independently during this time.
- Team programming has priority on equipment use and dock space
- Each session above has a general description of small boat availability, as well as the dates that program is running
- If you are rowing you should launch after the team program has launched to avoid dock congestion. Please also return in time for the following team session to use equipment
- Remember that most afternoons and evenings the lake is not suitable for rowing small boats due to motorboat traffic

Please Note:

- The Junior 7:15 - 9:45 am sessions will be using all 2-s and 2xs every day, as well as most of the singles. Please avoid this timeslot entirely
- The ECM Tues/Thurs morning session is only during August, so the 5-7am time slot on T/Th in July is a great time to enjoy small boats