Sammamish Team Programming Schedule
July and August 2024

| Monday / Wednesday |  |  |
| :---: | :---: | :---: |
| 5:00 | 5AM Masters |  |
| 5:15 | 7/8-7/26; 8/5-8/30 |  |
| 5:30 | Team priority on small |  |
| 5:45 | boats |  |
| 6:00 | Boats available for use |  |
| 6:15 | after teams launch |  |
| 6:30 | small boats must be |  |
| 6:45 | returned by 7:00 |  |
| 7:00 |  |  |
| 7:15 |  | Junior Practice |
| 7:30 |  | 7/10-8/5 |
| 7:45 |  |  |
| 8:00 |  | Small boats NOT available for SBM |
| 8:15 |  |  |
| 8:30 | MM Masters | Please avoid this |
| 8:45 | 7/8-7/26; 8/5-8/30 | timeslot entirely |
| 9:00 | Team priority on small |  |
| 9:15 | boats |  |
| 9:30 | Boats available for use |  |
| 9:45 | after teams launch |  |
| 10:00 |  |  |
| 10:15 |  |  |
| 10:30 |  |  |
| 10:45 |  |  |
| 11:00 |  | Middle School |
| 11:15 |  | 7/8-8/30 |
| 11:30 |  | Small boats available |
| 11:45 |  | for SBM |
| 12:00 |  |  |
| 12:15 |  |  |
| 12:30 |  |  |
| 12:45 |  |  |
| 1:00 |  |  |
| 1:15 |  |  |
| 1:30 |  |  |
| 1:45 |  |  |
| 2:00 |  |  |
| 2:15 |  |  |
| 2:30 |  |  |
| 2:45 |  |  |
| 3:00 |  |  |
| 3:15 |  |  |
| ... |  |  |
| 6:45 | ECM Try Rowing/LTR |  |
| 7:00 | 6/4-8/28 |  |
| 7:15 | Small boats generally |  |
| 7:30 | available for SBM |  |
| 7:45 |  |  |
| 8:00 |  |  |
| 8:15 |  |  |
| 8:30 |  |  |
| 8:45 |  |  |


| Tuesday / Thursday |  |  |  | Friday | Saturday |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 5:00 | 5AM Try Rowing/LTR | ECM Masters | 5:00 | 5AM Masters | 5:00 |  |
| 5:15 | 6/4-8/28 | 816-8/29 (no weekdays in July) | 5:15 |  | 5:15 |  |
| 5:30 | Small boats generally | Team priority on small | 5:30 | Team priority on small | 5:30 |  |
| 5:45 | available for SBM | boats | 5:45 | boats | 5:45 |  |
| 6:00 |  | Boats available for use | 6:00 | Boats available for use | 6:00 |  |
| 6:15 |  | after teams launch | 6:15 | after teams launch | 6:15 |  |
| 6:30 |  | small boats must be | 6:30 |  | 6:30 |  |
| 6:45 |  | returned by 7:00 | 6:45 |  | 6:45 |  |
| 7:00 |  |  | 7:00 |  | 7:00 | ECM Masters |
| 7:15 |  | Junior Practice | 7:15 |  | 7:15 | 7/13-8/31 |
| 7:30 |  | 7/10-8/5 | 7:30 |  | 7:30 | Team priority on small |
| 7:45 |  |  | 7:45 |  | 7:45 | boats |
| 8:00 |  | Small boats $\qquad$ available for SBM | 8:00 |  | 8:00 | Boats available for use |
| 8:15 |  |  | 8:15 |  | 8:15 | after teams launch |
| 8:30 | MM Try Rowing/LTR | Please avoid this | 8:30 | MM Masters | 8:30 |  |
| 8:45 | 6/4-8/28 | timeslot entirely | 8:45 | 7/10-7/29; 8/7-9/1 | 8:45 |  |
| 9:00 | Small boats generally |  | 9:00 | Team priority on small | 9:00 |  |
| 9:15 | available for SBM |  | 9:15 | boats | 9:15 |  |
| 9:30 |  |  | 9:30 | Boats available for use | 9:30 |  |
| 9:45 |  |  | 9:45 | after teams launch | 9:45 |  |
| 10:00 |  |  | 10:00 |  | 10:00 |  |
| 10:15 |  |  | 10:15 |  |  |  |
| 10:30 |  |  | 10:30 |  |  |  |
| 10:45 |  |  | 10:45 |  |  |  |
| 11:00 |  | Middle School | 11:00 | Middle School |  |  |
| 11:15 |  | 7/8-8/30 | 11:15 | 7/8-8/30 |  |  |
| 11:30 |  | Small boats available | 11:30 | Small boats |  |  |
| 11:45 |  | for SBM | 11:45 | available for SBM |  |  |
| 12:00 |  |  | 12:00 |  |  |  |
| 12:15 |  |  | 12:15 |  |  |  |
| 12:30 |  |  | 12:30 |  |  |  |
| 12:45 |  |  | 12:45 |  |  |  |
| 1:00 |  |  | 1:00 |  |  |  |
| 1:15 |  |  | 1:15 |  |  |  |
| 1:30 |  |  | 1:30 |  |  |  |
| 1:45 |  |  | 1:45 |  |  |  |
| 2:00 |  |  | 2:00 |  |  |  |
| 2:15 |  |  | 2:15 |  |  |  |
| 2:30 |  |  | 2:30 |  |  |  |
| 2:45 |  |  | 2:45 |  |  |  |
| 3:00 |  |  | 3:00 |  |  |  |
| 3:15 |  |  | 3:15 |  |  |  |
| Small Boat Membership Summer Guidelines |  |  |  |  |  |  |
| - There is NO TEAM PROGRAMMING 6/30-7/7. You may row independently during this time. <br> - Team programming has priority on equipment use and dock space <br> - Each session above has a general description of small boat availability, as well as the dates that program is running <br> - If you are rowing you should launch after the team program has launched to avoid dock congestion. Please also return in time for the following team session to use equipment <br> - Remember that most afternoons and evenings the lake is not suitable for rowing small boats due to motorboat traffic |  |  |  |  |  |  |
| Please Note: <br> - The Junior 7:15-9:45 am sessions will be using all 2-s and 2xs every day, as well as most of the singles. Please avoid this timeslot entirely <br> - The ECM Tues/Thurs morning session is only during August, so the $5-7$ am time slot on T/Th in July is a great time to enjoy small boats |  |  |  |  |  |  |

